



Peaceful Partnering with Differing Parenting Styles

Are you constantly at odds with your partner over differing parenting styles? Worried about ending up like Jon and Kate? Can you disagree and still be great parents? Yes! This presentation is for you alone or both of you. Learn how to get peace back in your family and become more effective parents without giving in or taking over.

Presentation outline is based on Health Canada, Growing Miracles (Three Cheers for the Early Years), Parent Effectiveness Training, and Invest in Kids Recommendations.

Course Objectives

- Participants will explore how parenting has changed in the past 30 years and how parents learn parenting.
- Participants will discover their own parenting style among 4 styles.
- Participants will learn 4 keys to handling parenting style differences.

Presented by:

**Judy Arnall, BA, International award winning Speaker and best-selling Author of
“Discipline without Distress: 135 tools for raising caring, responsible children without time-
out, spanking, punishment or bribery.”**

www.professionalparenting.ca

(403) 714-6766

jarnall@shaw.ca