

Parenting with Patience

Based on the new book, *Parenting With Patience*, by Judy Arnall, this webinar will explore 3 simple steps to manage any parenting problem.

You will learn:

How to control your anger when faced with children's deliberate disobedience.

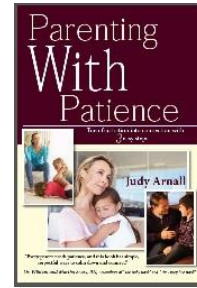
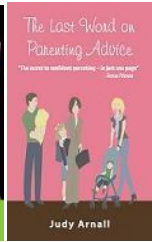
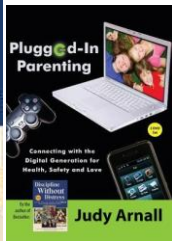
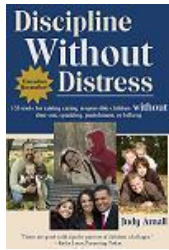
How to get your children (all ages) calm when they are angry.

3 Ways to solve the problem once everyone is calm.

Target Audience: Parents, corporate, educational and health organizations.

Judy Arnall, BA, DTM, CCFE, currently teaches parenting at The University of Calgary, Continuing Education, and has taught for Chinook Learning, Families Matter, and Alberta Health Services for the past 13 years. Judy is the author of the International print bestseller, *Discipline Without Distress: 135 Tools for raising caring, responsible children without time-out, spanking, punishment or bribery* (translated into 5 languages) and the newly released *Parenting With Patience: Turn frustration into connection with 3 easy steps*. WWW.PROFESSIONALPARENTING.CA Jarnall@shaw.ca 403-714-6766, Join our list for monthly notifications of free parenting webinars

Judy has written bestsellers:



Judy is authorized and certified to teach:

